



HEALTHY SCHOOLS HEALTHY PEOPLE

PROJECT: Glitter Germs!

Learn about the benefits of cleaning with this easy-to-do-project. Follow the steps and have fun exploring.

Step 1:

Pour water in a shallow dish and add a generous amount of glitter. Think of this glitter as germs that could make you sick.



Step 2:

Touch the glitter in the water with a finger. Now put a little soap on a different finger and try to touch the glitter again. How does the glitter react to the soap?



Step 3:

Dip both hands into the dish to cover them in glitter. Then, rinse your hands under running water. Finally, wash your hands, using soap and water.



Step 4:

Check your hands and note where there is still glitter, then wash a gain to fully remove all of it.

Safely discard the materials and clean up the surface.



Discussion Questions:

- Thinking of the glitter as germs, what does this tell you about the role soap plays in handwashing?
- What parts of the hand were hardest to wash the glitter off of? Will you change how you wash your hands as a result?

